

BROOKHAVEN

AT LEXINGTON

Life Care Living at its Finest



The Many Advantages of Brookhaven

Brookhaven at Lexington has been providing exceptional Life Care living to our residents since 1989. We are a nonprofit community with a 90% refundable entrance fee*.

Brookhaven at Lexington

is a unique and exciting Life Care community — one that provides both freedom of choice and freedom from worries. Our full-service community is dedicated to providing people 62 and older with the health and residential support services that enable you to enjoy an active, healthy lifestyle. At Brookhaven, you are assured of unmatched convenience and the peace of mind provided by a secure environment and guaranteed on-site health care.

Think of us as enhanced condo living with all the convenience and amenities-but without the worry.

BrookhavenatLexington.org

Included in Monthly Service Fee

- 90% Refundable Entrance Fee*
 - Life Care
 - Meal of your choice per day
 - A rewarding program calendar
 - Variety of fitness classes
 - Scheduled transportation
 - All utilities (except cable, phone and internet)
 - Weekly housekeeping and linen service
 - Emergency response system
 - Resident storage unit
 - 24/7 Security
- * Certain restrictions apply

Common Spaces

- Three Dining Venues
- Dining Lounge with Fireplace
- Library with Fireplace
- Club Room
- Country Store
- Performance Hall
- Three Art Galleries
- Heated Pool & Spa
- Fitness Center
- Art Studio
- Greenhouse and Garden Beds
- Learning Center
- Meeting Rooms
- Salon & Spa at 1010
- Game Room
- Guest Suite

10

minutes

Alewife Station

20

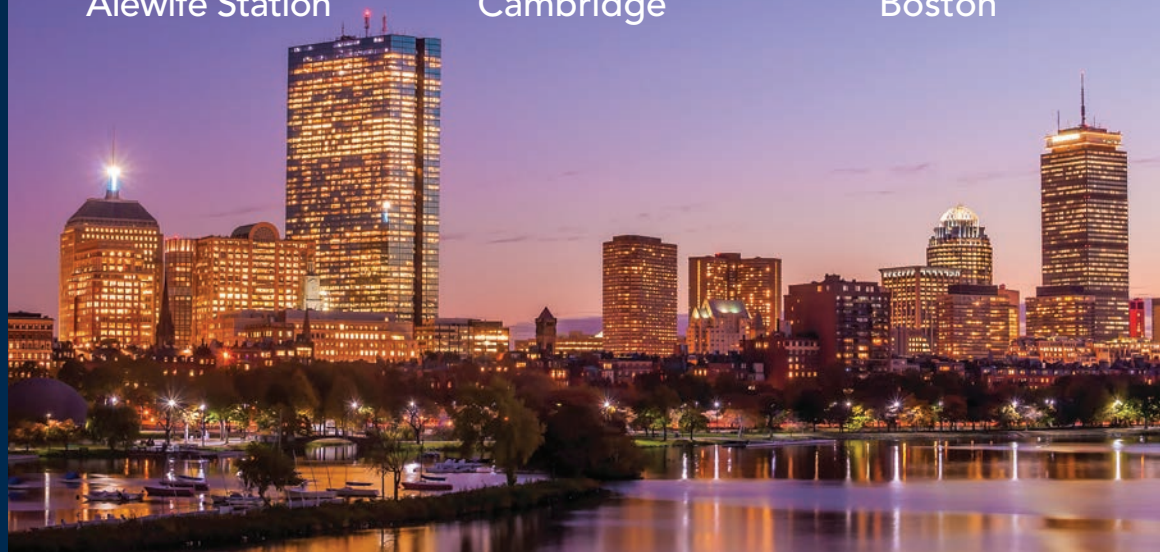
minutes

Cambridge

30

minutes

Boston



Residences

- 16 Floor Plans to choose from
- Fully applianced kitchens
- Washer/dryer in every unit
- Emergency response systems
- Patio or balcony

Life Care

- One hour of assistance with living per resident, per day, in independent living (as long as medically necessary)
- Assisted Care
- Health Center*
- All levels of care are reserved for Residents Only
- * *Certain restrictions apply*



Community Life

- Calendar of events featuring lectures, music & performances
- Trips to museums, symphony & theaters
- Painting
- Current events
- Technology interest group
- Book club & creative writing group
- Gardening
- Walking trails
- Tai Chi, yoga, Pilates classes
- Certified fitness instructors
- Wellness coordinator
- Scheduled transportation
- Tufts University Osher Lifelong Learning classes



The Community at Brookhaven

Brookhaven at Lexington offers the finest in Life Care community living. It is beautifully designed to accommodate every need and provides a rich selection of scheduled and informal events. Brookhaven's many features and benefits ensure you the opportunity to enjoy a rewarding independent lifestyle.

Our community offers a variety of lovely private residences and welcoming common areas, three dining venues, a library, fitness/aquatic center, art studio, and greenhouse. At Brookhaven, you live in your own home with your cherished possessions without the responsibility of maintenance. You live in an active community with people who share your interests. You are part of an environment that is both comfortable and stimulating, and is a source of pride to residents and staff alike.

Our spacious lobby and private lounges contribute to Brookhaven's elegant ambiance. Our library is a much used, much loved space. Our wellness center offers an

indoor pool and a myriad of programs and fitness classes with caring trainers to help you reach your wellness goals.

Should the need arise, on-site assistance with living, assisted and skilled nursing care is provided at no additional charge (certain restrictions apply). You might consider it "enhanced" condo living. In short, Life Care living fulfills your plans, dreams and future needs.

But the best part of Brookhaven is the people who have chosen to make it their home. Together with the staff, they help shape the programming and events, the intellectual environment and more importantly the close and caring community called Brookhaven.

Our Board of Trustees is comprised of local leaders and health care professionals dedicated to providing Brookhaven residents with the best possibilities for independent living and quality health care. Our staff is warm, competent, friendly and professional.





“ Life has moved on and we are finding even more joy in what is truly a community. ”



Wellness

Brookhaven offers residents a multi-faceted approach to personal wellness that includes opportunities for personal and intellectual growth, social experiences, physical fitness and just plain fun. Enroll in a Tufts University Osher Lifelong Learning class on the Brookhaven campus or become a study group leader and run a class of your own; join an interest group and discuss the latest books or share your life experiences in a creative writing group; take a stroll on our pastoral Nature Path or choose a quiet outdoor spot to enjoy our picturesque grounds; volunteer in the Country Store or Greenhouse, or continue pursuing your personal avocations.



Our professional staff is ready to serve you. The massage therapist, esthetician and beautician offer an array of on-site services to help you relax, feel and look your best.

Our dietician can design a personal menu plan to help you make healthful food choices.



The fitness team provides education, professional instruction, and coaching needed to maintain and enhance physical well-being. You decide what programs and events are right for you.

“The fitness staff has a real depth of knowledge; workouts are great and varied!”





**“ My schedule is busier now
than when I was in college! ”**

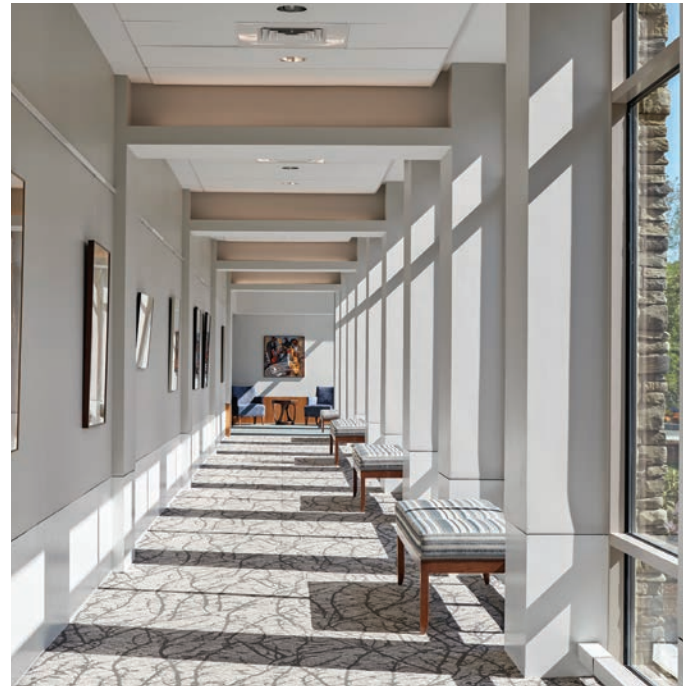


**EVERYDAY
IS A GOOD DAY
TO WORKOUT**

Performance Hall

Our new Performance Hall with approximately 300 seats, offers state of the art technology and features. From the staggered seating, which ensures the best view, to the Hearing Loop system, which provides clarity of sound for those hearing impaired, all your senses will be delighted with each performance.

And just outside of the Performance Hall doors, enjoy a lovely lobby area and art gallery loggia, perfect for spending time with friends after an event or enjoying on your own time. Whether it is a resident speaker leading a thought provoking lecture or a world renowned entertainer, each experience is memorable.



Art Gallery Loggia

“Performances sound incredible, like being in a Boston venue, yet right in my home!”



Performance Hall

Performance Hall Lobby



Dining

Brookhaven offers three dining venues, each with a distinctive style and menu. We use fresh, high quality ingredients and incorporate seasonal local products to create flavorful, nutritious entrées. We also offer a selection of heart healthy and vegetarian options for those with health considerations or special preferences. A licensed dietitian is available for individual consultations.





Bistro

“ Not having to cook is wonderful, being served delicious food with great company, even better. ”





Assisted Care Apartment

The Brookhaven Advantage Enhanced Life Care

INDEPENDENT LIVING | ASSISTED CARE | HEALTH CENTER

Independent Living

- 1 hour of assistance with living, per resident, per day (as long as medically necessary)
- Nurse on call 24/7

Assisted Care

- Assistance with daily living
- Nurse available 24/7

Health Center

- Rehabilitation services
- Skilled care
- Staffed by nurses 24/7

Resident Health Office

- Open Daily: Staffed by nurses, available for appointments
- Geriatric Nurse Practitioner
- Social Workers

Available to Residents

- Geriatric Physician
- Clinical Psychologist

One Simple Monthly Service Fee

TYPE A CONTRACT - MOST COMPREHENSIVE AVAILABLE

Brookhaven established a master planning committee, which included residents, trustees and staff. Together we envisioned the new buildings and enhancements recently completed on our 31 acre campus. These developments echo our nonprofit mission of continuing to provide exceptional Life Care services and lifestyle choices that support each resident's pursuit of personal wellness.



Independent Living

Life Care: 1 hour of assistance with living per resident, per day (as long as medically necessary), is included in the Monthly Service Fee.

49 ADDITIONAL APARTMENTS OPENED:

- Spacious 2 bedroom and 2 bedroom with den apartments, screened in private balconies
- Open floor plan with versatile furniture layouts
- Reserved indoor parking



Assisted Care

RESERVED FOR RESIDENTS

30 ADDITIONAL APARTMENTS

Life Care: Should the need arise to transition to Assisted Care, the Monthly Service Fee follows the resident(s) from their Independent Living apartment. There is no additional cost, beyond the annual fee adjustment.

Access: Assisted Care residents enjoy all the benefits of the greater community. They may participate in programs in Independent Living, as well as dine at any of the three dining venues. Although, Assisted Care offers its own dining accommodations, serves three meals a day (Included in Life Care), and provides programming designed to meet the resident's needs.

For a couple residing in Independent Living, there is a choice to move to Assisted Care together or one resident may remain in the apartment, while the other resident transitions to Assisted Care. Essentially, occupying two separate apartments within the community. In either case, the Monthly Service Fee remains the same as it was prior to this transition, beyond the annual fee adjustment.

Assisted Care is based on a small household model, to provide ease of movement and quick access to amenities. It is inviting like a home, while spacious enough to accommodate everyone's needs. Brookhaven has enhanced this lovely residential environment by providing 24/7 nursing and care support. Residents can thrive in place in a social environment, mirroring that provided in Independent Living, while receiving a higher level of care and services.

“Should I require help in the future, I feel secure knowing everything I need is right here.”



Health Center

RESERVED FOR RESIDENTS

SMALL HOUSEHOLD MODEL MOSTLY PRIVATE ROOMS

Life Care: Should the need arise to transition to Skilled Nursing, the Monthly Service Fee follows the resident(s) from their Assisted Care or Independent Living apartment. There is no additional cost, beyond the annual fee adjustment (certain restrictions apply). Also, short term rehabilitation services are available.

Access: Residents enjoy all the benefits of the greater community. They can access Assisted Care or Independent Living programs or dining venues, although Skilled Nursing offers its own dining accommodations, serves three meals a day (Included in Life Care), and provides programming designed to meet the resident's needs.

“

I cannot say enough good things about Brookhaven. First of all, moving here has multiplied my number of friends. Also, I have developed healthy habits, swimming 4 to 5 times a week in 85 degree water. I've been able to continue gardening which I love doing. There are also miles of well maintained trails for walking year round. Living at Brookhaven is definitely "the good life" for me. ”





“

We joined Brookhaven because of their highly rated long term staff and the amazing food. After our move, we found that Brookhaven residents form a vibrant, caring, intellectually stimulating, and musically oriented community. This is our ideal home. ”

Brookhaven is More Than Just an Ideal, Private Residence

Choose your new home from several distinctive floor plans. Brookhaven offers styles from an efficient alcove to spacious two bedroom with dens. Every residence offers large comfortable rooms, generous closets, fully applianced kitchens including a microwave, dishwasher and washer/dryer. Everything is ready—just add your personal touch and make yourself at home.

Most of our 290 private residences have a balcony or patio designed for you to enjoy the natural beauty of New England’s changing seasons.



“ I felt right at home within the first week. ”



MAIN BUILDING

Various floor plans ranging in size from Studio to 2 Bedroom with Den, with convenient access to all amenities. Residents enjoy viewing the beautiful New England seasons from their balcony or patio.



WELLESLEY BUILDING

Large 2 Bedroom and 2 Bedroom with Den apartments feature modern, open floor plans and lovely views of conservation lands from private balconies or patios. All Wellesley residents enjoy the opportunity of a dedicated garage parking spot. This building is within close proximity to the main building and amenities.



PATIO HOMES

These distinctive large 2 Bedroom and 2 Bedroom with Den patio homes offer private entrances and decks, many with views of conservation land, within close proximity to the main building and amenities. The Fairfield Patio homes are perfect for those desiring outdoor space in which to garden or enjoy the shaded woods.



“My only regret is not moving in sooner.”



The Apartments at Brookhaven

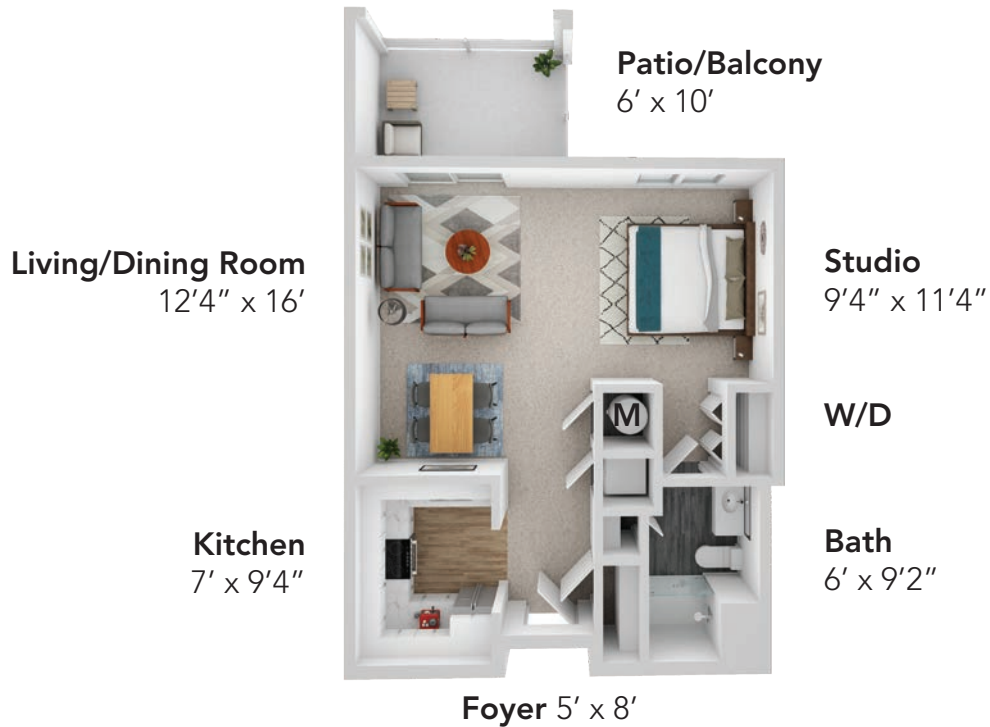
Our apartments have lovely views of conservation lands, gardened courtyards, rolling lawns and wildflowers galore.

Floor plans are representative. Individual apartments may vary. Visit our website to enlarge, download and print floor plans. Apartment virtual tours are also available.

Alcott

Studio

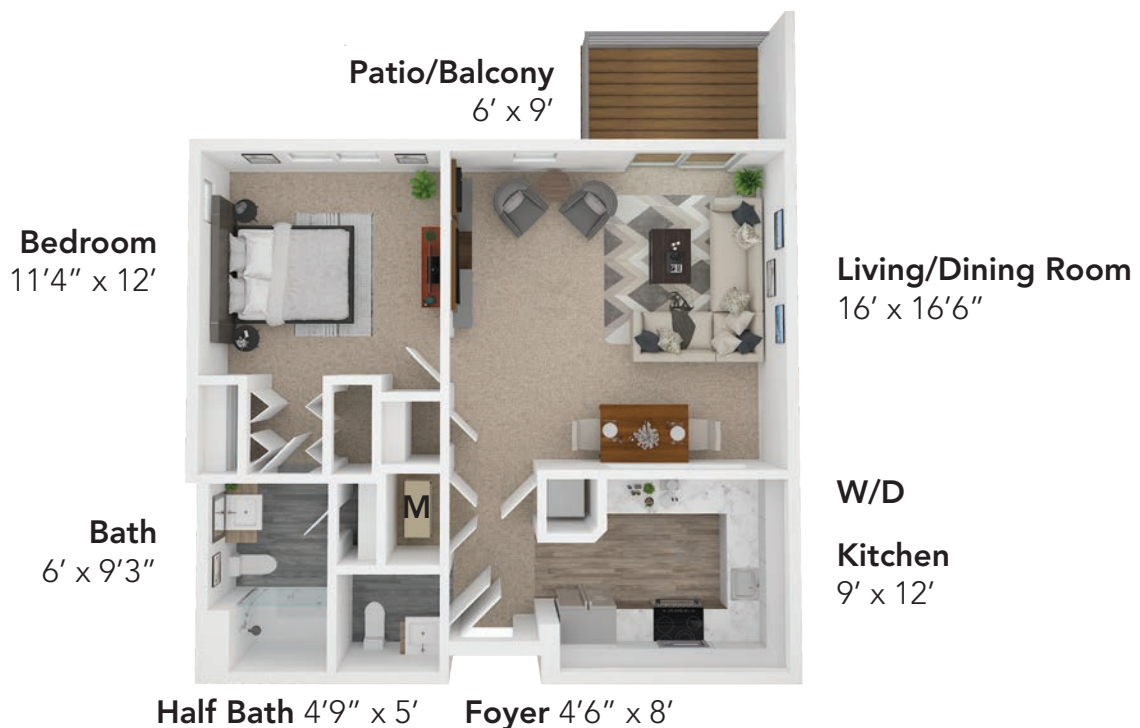
553 Sq. Ft.



Emerson

1 Bedroom

747 Sq. Ft.



Hamilton

1 Bedroom with Den

929 Sq. Ft.

Patio/Balcony
6' x 10'

Den
8'10" x 12'3"

Living/Dining Room
14'10" x 16'

Bedroom
11'10" x 16'

Kitchen
9'6" x 9'6"

Walk-in Closet
5'8" x 9'6"



Foyer
4'8" x 8'6"

W/D

Bath
9'6" x 10'6"

Hancock

2 Bedroom

929 Sq. Ft.

Patio/Balcony
6' x 10'

Bedroom
9'9" x 10'1"

Living/Dining Room
15' x 15'10"

Main Bedroom
10'4" x 11'

Kitchen
9'6" x 9'6"

Bath
5'8" x 9'6"



Foyer
4'8" x 8'6"

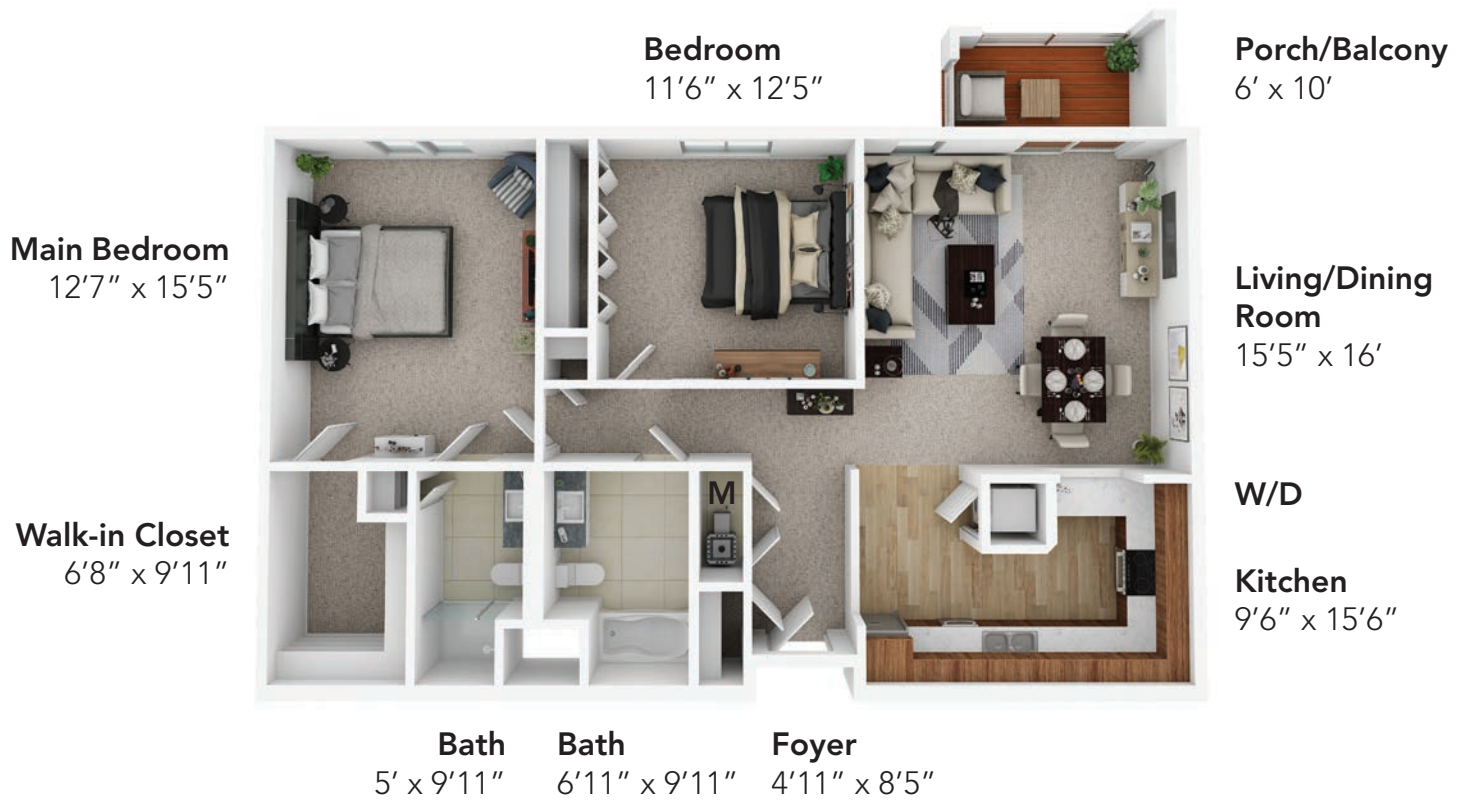
Utilities/WD
7'1" x 8'

Bath
6' x 9'6"

Hawthorne

2 Bedroom

1,123 Sq. Ft.



Bradstreet

2 Bedroom

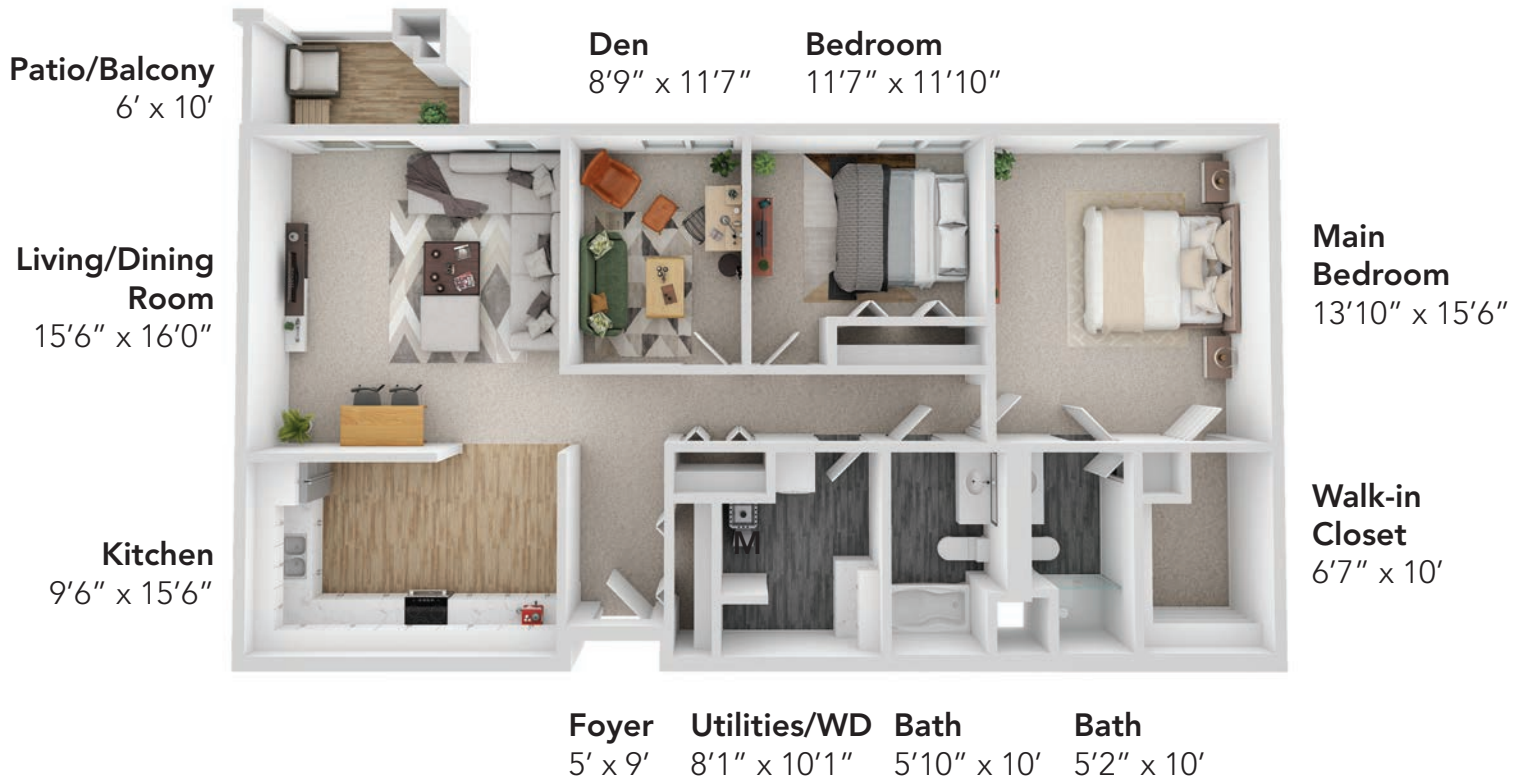
1,180 Sq. Ft.



Revere

2 Bedroom with Den

1,318 Sq. Ft.



Clarke

2 Bedroom with Den

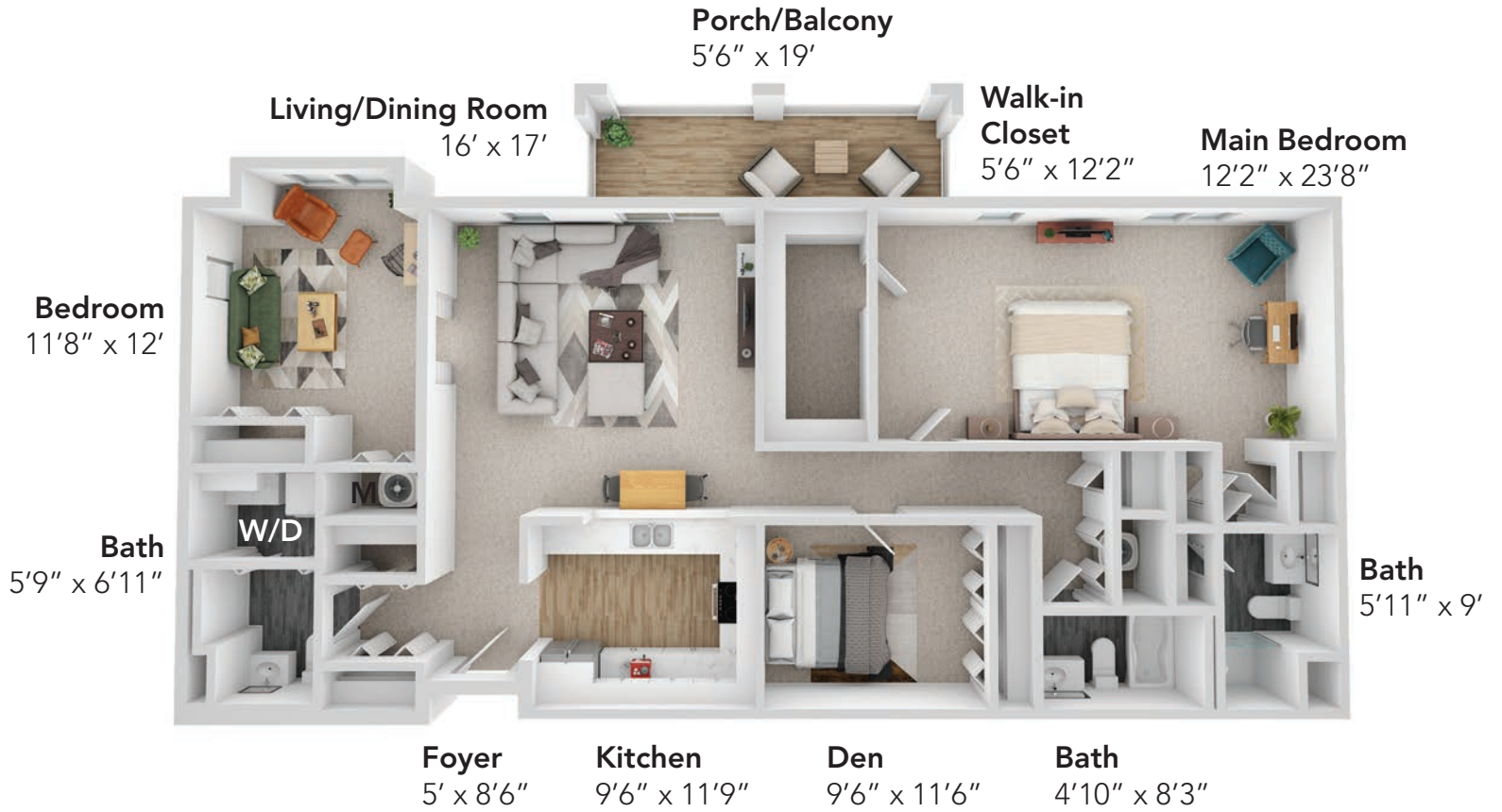
1,440 Sq. Ft.



Adams

2 Bedroom with Den

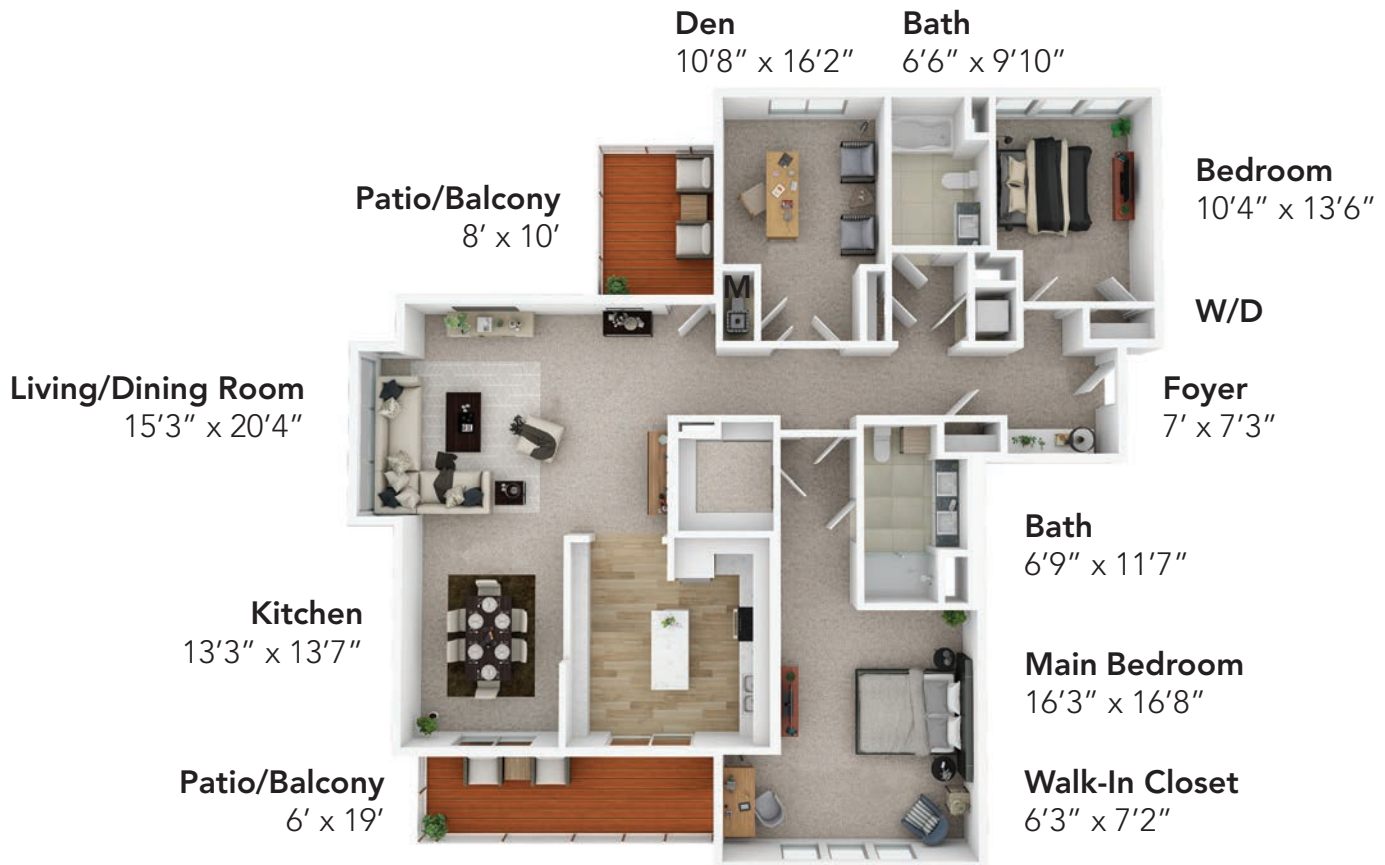
1,528 Sq. Ft.



Munroe

2 Bedroom with Den

1,713 Sq. Ft.

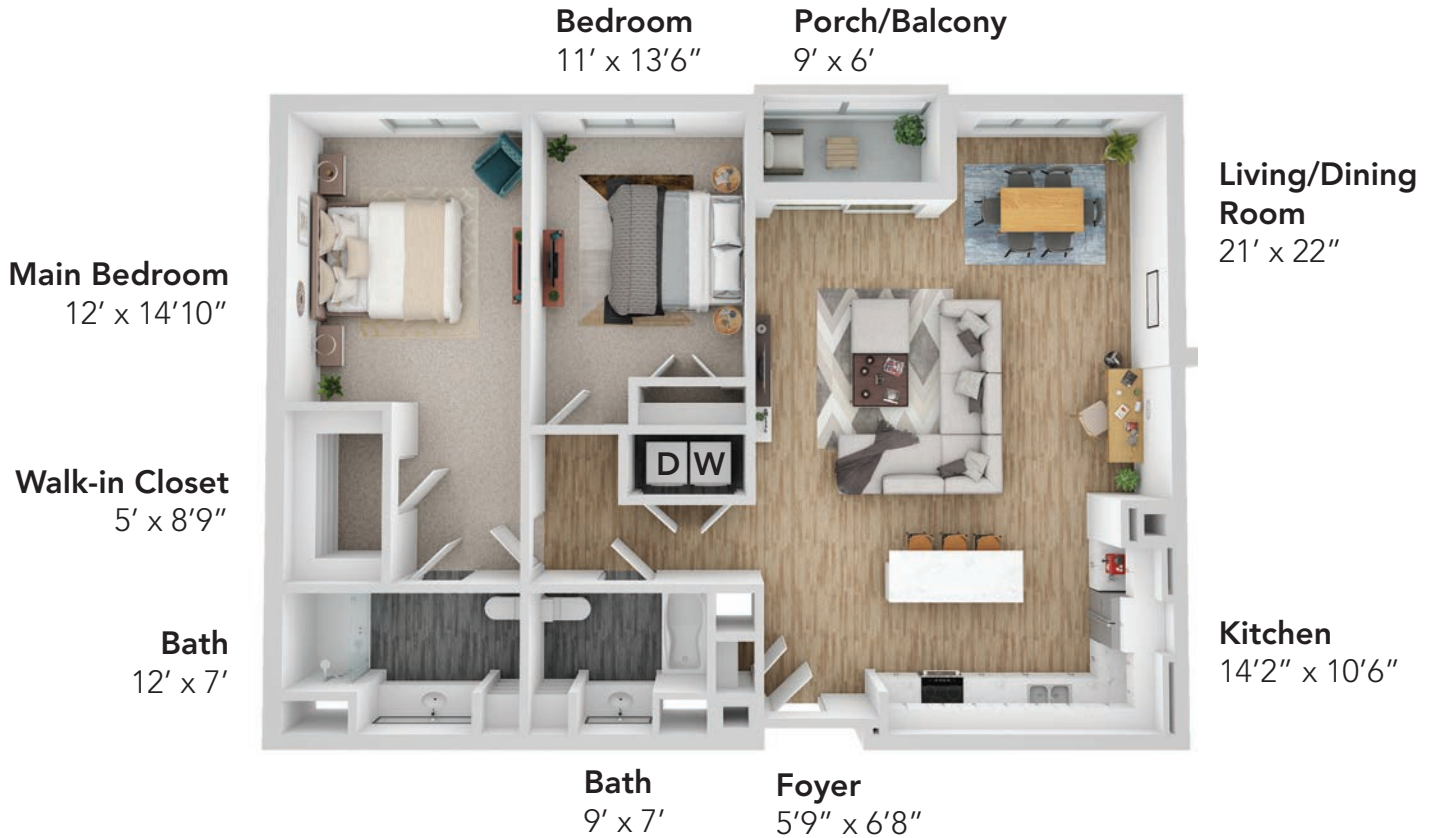


The Wellesley Apartments at Brookhaven

Buckman 1

2 Bedroom

1,297-1,359 Sq. Ft.



Buckman 2

2 Bedroom

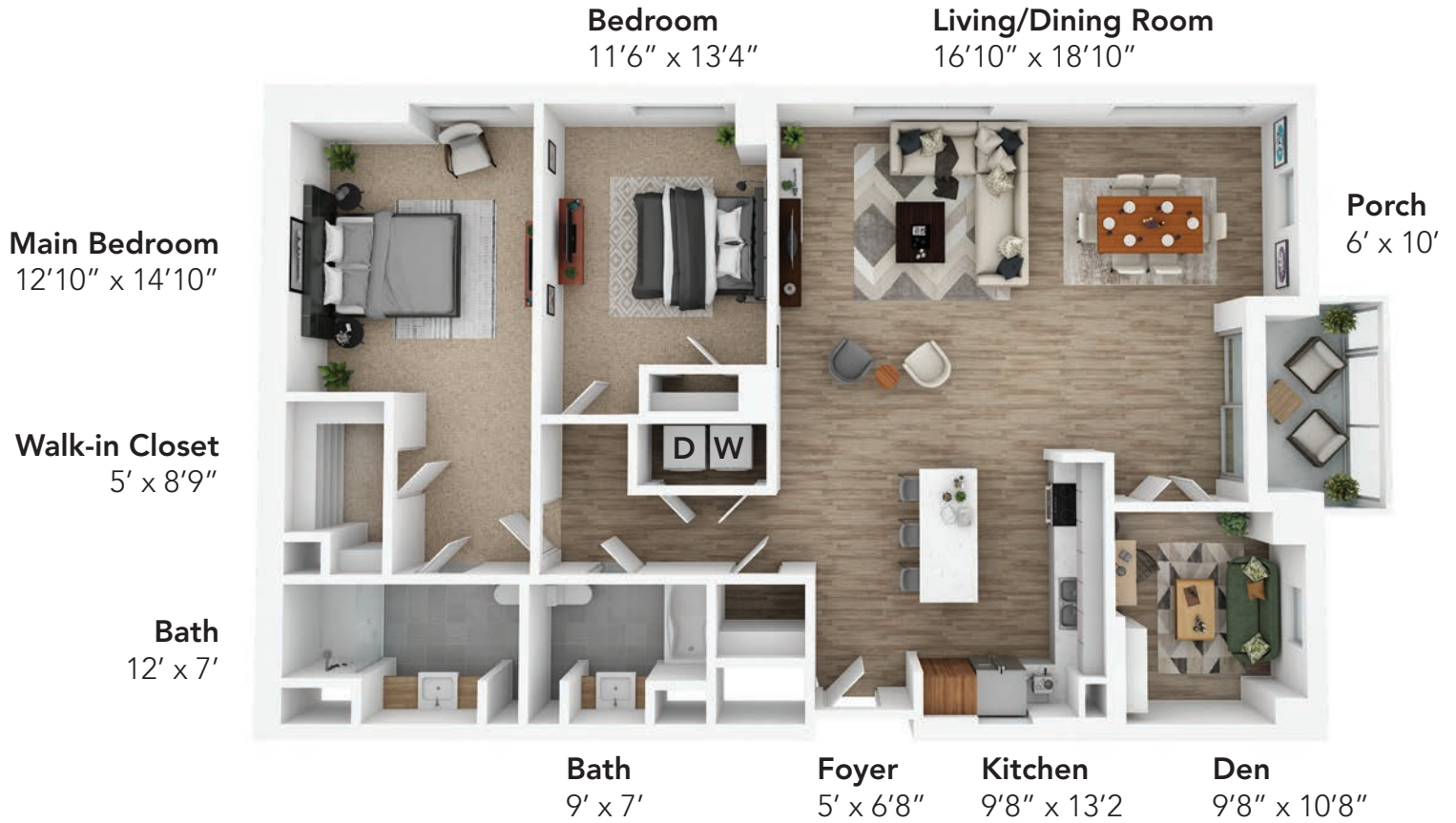
1,297-1,359 Sq. Ft.



Fiske

2 Bedroom with Den

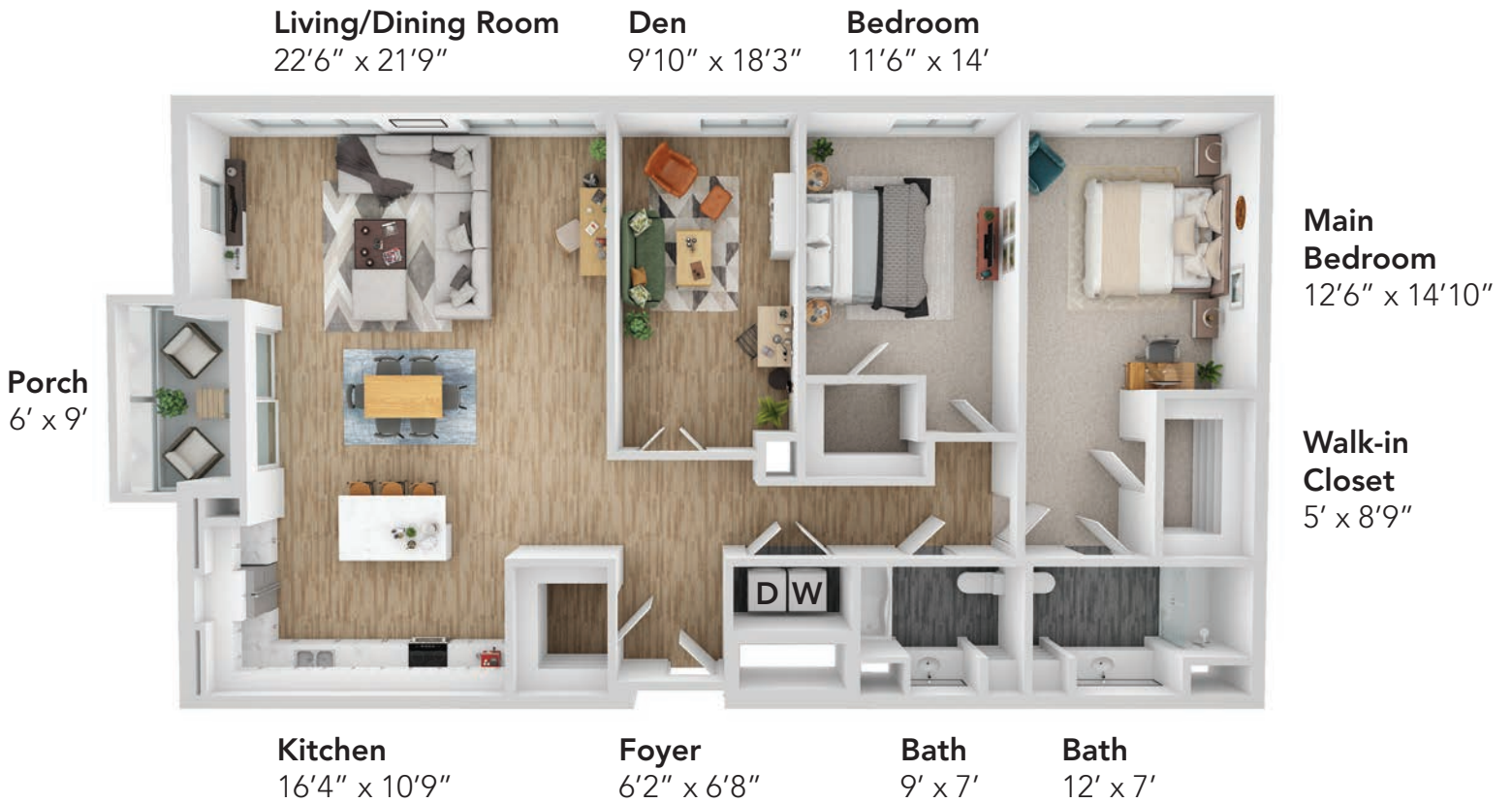
1,418-1,613 Sq. Ft.



Muzzey

2 Bedroom with Den

1,607-1,797 Sq. Ft.

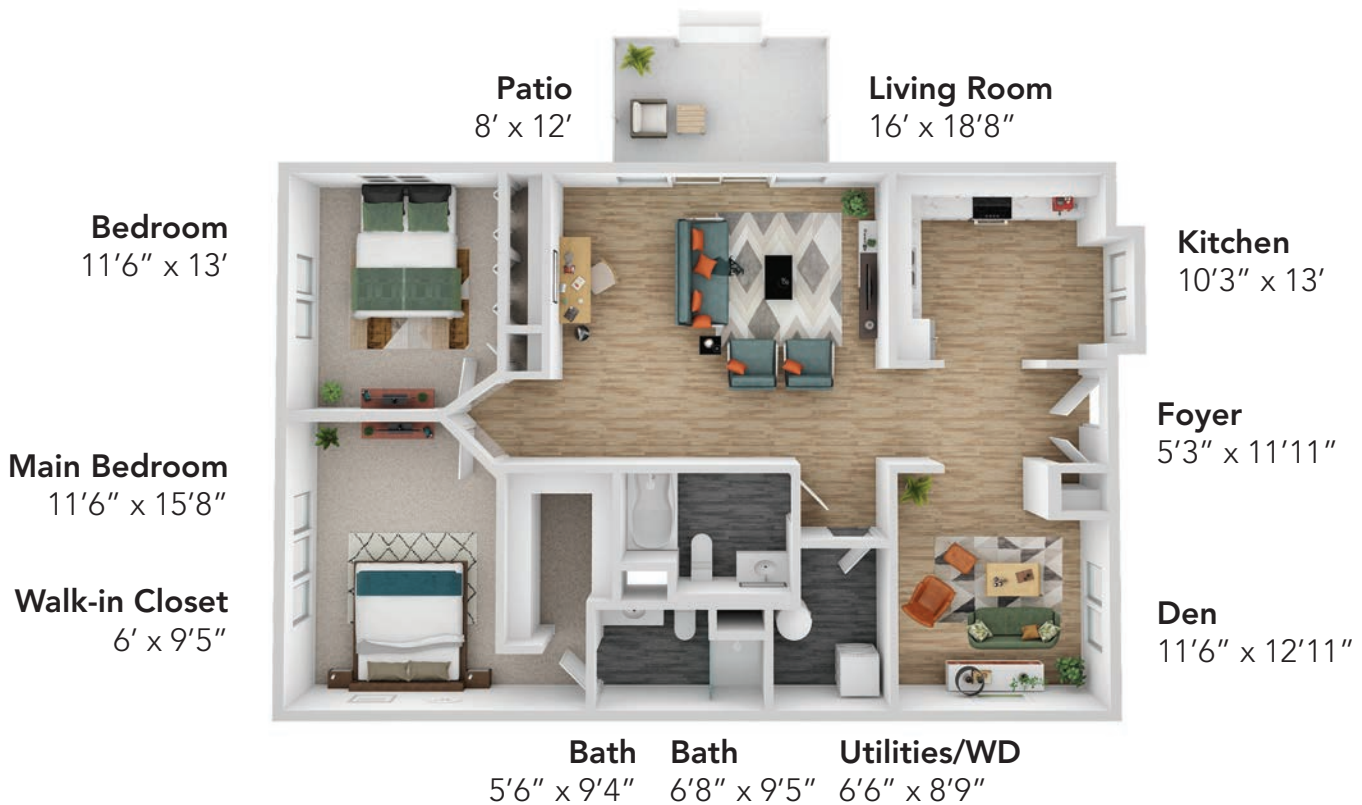


The Fairfield Patio Homes at Brookhaven

Parker | 2 Bedroom Patio Home | 1,149 Sq. Ft.



Thoreau | 2 Bedroom with Den Patio Home | 1,348 Sq. Ft.



WALTHAM STREET

BROOKHAVEN CAMPUS COMMON SPACES

WELLESLEY

ASSISTED CARE LEVELS 3 & 4

ANDOVER

GARDENVIEW HEALTH CENTER

BABSON ASSISTED CARE

BROOKHAVEN ENTRANCE

BRANDEIS

AMHERST

EXETER

Level 1

- 1 Performance Hall Lobby
- 2 Performance Hall
- 3 Loggia/Art Gallery
- 4 Pool
- 5 Garden Gallery
- 6 Art Studio
- 7 Learning Center
- 8 Salon & Spa at 1010
- 9 Resident Health

Level 2 (Main Level)

- | | |
|-----------------|----------------------|
| A Front Desk | I Dining Lounge |
| B Café | J Main Dining Room |
| C ATM | K Small Meeting Room |
| D Country Store | L Large Meeting Room |
| E Bistro | M Executive Offices |
| F Library | N Fitness Center |
| G Club Room | O Game Room |
| H Greenhouse | |

MAIN LOBBY

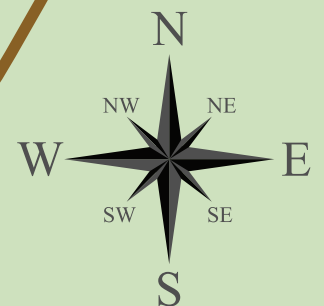
DARTMOUTH

CAMBRIDGE

HARVARD

FAIRFIELD

NATURE PATH





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