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BROOKHAVEN AT LEXINGTON

HAPPENINGS for the week of May 6, 2024



HAPPENINGS for the week of May 6, 2024				
Select Rehabilitation, Outpatient	Call for an appointment	(781) 372-0137		
Rehab		Fax: 224-661-6724		
Resident Health	Mon – Fri 8:30 am – 9:00 pm;	(781) 372-0104		
	Sat and Sun 8:00 am – 4:30 pm			
Geriatric Social Worker:	Monday-Friday by appointment	(781) 372-0282		
Marissa Gadacy				
Podiatrist: Dr. Boudreau	Friday, May 17, 2024	1:00 pm - 5:00 pm		
Podiatrist: Dr. Kaplan	Tuesday, May 14, 2024	1:00 pm - 4:00 pm		
Audiologist: Dr. Marple	Thursday, May 23, 2024	9:00 am - 5:00 pm		
Ophthalmologist: Dr. Umlas	Tuesday, June 18, 2024	1:00 am - 3:45 pm		
Spa at 1010				
Esthetician/Manicurist:	Mon/Wed/Fri by appointment	(978) 239-4398		
Yvonne Sadoway				
Massage Therapist: Kori Vitiello	Tues/Wed/Fri by appointment	(617) 803-1860		
Salon at 1010				
Call for Hair Appointments	Tuesday - Friday	(781)-372-0264		
Brookhaven Country Store				
	Monday - Friday			
	Saturday	10:30 am – noon		
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Have questions about the Residents' Website? Need help logging in? Join Community Living on **Friday**, **May 10** in the **Large Meeting Room** from **11:00 am to 12:00 pm** for a **Residents' Website Help Session**. CL staff will be available to answer questions, create new accounts and re-set passwords.

Join us on Friday, May 10 at 1:00 pm in the Performance Hall and streaming for a presentation about a new Climate Change Committee initiative – *Residential Kitchen Waste Composting*. Maggie Peard, Lexington Sustainability Officer, Black Earth Composting and Mike Brennan, Director of Plant Maintenance will share details on our you can participate in this program.

On Sunday, May 12, Dining Services will be offering a Mother's Day Brunch in the Main Dining Room from 11:00 am -2:00 pm. Reservations are required. The Café will be open for takeout only from 11:00 am - 12:00 pm. The Dining Room and Café will be closed in the evening. A boxed lunch can be delivered to your apartment in the evening for \$10.00. Please call the reservation line at 781-372-0237 to request a boxed lunch. Visit the Residents' Website for more information.

Cluster Meetings taking place this week. All meetings will take place in the Large Meeting Room: Cambridge– 5/8 @ 1:00 pm Amherst – 5/9 @ 3:00 pm

Monday, May 6 • AHA! Lecture: Rebecca Valette - Navajo Weavings with Ceremonial Elements, 11:00 am, PH and Streaming

- Business and Economics Forum, 1:30 pm 2:45 pm, SMR
- Encore CL Flick: 8 1/2 (1963), 7:00 pm, LMR

Tuesday, May 7 • Healthcare and Wellness Resident Forum, 10:00 am - 11:00 am, LMR

- Lexington Chorale Rehearsal, 1:00 pm 2:30 pm, LMR
- Trip: Let's Get Ice Cream: Bedford Farms, 1:00 pm
- Art Committee Conversation: Michael McCahill Folies-Bergère, 3:30 pm, LMR



BROOKHAVEN AT LEXINGTON HAPPENINGS for the week of May 6, 2024



Wednesday, May 8 • Diversity Interest Group and CL Flick: *Ikiru* (1952), 2:00 pm, PH

• BLC Lecture: Edward Djerejian - An overview of the Middle East including the past, present and future of the Gaza War, 7:30 pm, PH and Streaming

Thursday, May 9 • Parkinson's Support Group, 11:00 am - 12:00 pm, CR

- Photography and Digital Arts Group Meeting, 1:00 pm, Zoom
- Insight Meditation, 3:00 pm, CR
- BFM Concert: Sarasa Ensemble, 7:30 pm, PH and Streaming

Friday, May 10 • Beginner Bridge Lessons with Bernice King, 9:00 am - 10:00 am, CR

- Advanced Beginner Bridge Lessons with Bernice King, 10:15 am 12:00 pm, CR
 - Residents' Website Help Session, 11:00 am 12:00 pm, LMR
 - Let's Do Lunch Trip: Acitrón Cocina Mexicana, Arlington, 11:30 am
 - Composting at Brookhaven Maggie Peard, *Lexington Sustainability Officer and Black Earth Composting*, 1:00 pm, PH and Streaming
 - Encore Diversity Interest Group and CL Flick: Ikiru (1952), 7:30 pm, LMR

Saturday, May 11 • Annual Brookhaven Duplicate Bridge Banquet, 5:30 pm, BIS

Sunday, May 12 • Mother's Day Flick: Mamma Mia! (2008), 3:00 pm, LMR

<u>Fitness:</u> NEW Spring / Summer Open Swim schedule offering MORE hours beginning Monday, May 6. Please refer to the Residents' Website for the most up to date Pool schedule. Pool hours are listed below. Residents must have completed a Physician Consent, Liability Form, and Pool Orientation to swim at the Pool. Please contact the Fitness Department with questions regarding the Pool.

Join the **Outdoor Walking Group Wednesday, May 8** as they head to **Walden Pond, Concord** for an approximately 45-minute walk. The **bus will depart** at **9:30 am**. **Click 'Register'** to **sign up** on the **Events Calendar** or request and complete a **paper Trip Sign Up form** at the **Front Desk**. This is for hardy walkers only.

Pool / Jacuzzi Schedule

<u>Monday, May 6:</u> 8:00 am - 11:00 am, 1:00 pm - 2:00 pm <u>Tuesday, May 7:</u> 8:00 am - 10:00am, 1:00 pm - 2:00 pm <u>Wednesday, May 8:</u> 8:00 am - 10:00 am, 12:30 pm - 3:30 pm <u>Thursday, May 9:</u> 8:00 am - 10:00 am, 1:00 pm - 2:00 pm <u>Friday, May 10:</u> 8:00 am to 10:00 am, 12:30 pm - 3:30 pm <u>Saturday, May, 11:</u> 8:00 am - 11:00 am, 1:00 pm - 2:00 pm

Last week's Brain Teaser! What number should replace the question mark? Answer: 4. Any square of four numbers sums to 15.



This week's Brain Teaser! Solve the clues to find four 6-letter words. The same three letters appear in each word and are represented by crosses. What word do these three letters spell out?

X X X ____ BLUNT _ X X X __ SKIMPY __X X X _ ESOTERIC ___X X X BIRD