

BROOKHAVEN AT LEXINGTON



HAPPENINGS for the week of July 29, 2024

Select Rehabilitation, Outpatient	Call for an appointment	(781) 372-0137
Rehab		Fax: 224-661-6724
Resident Health	Mon – Fri 8:30 am – 9:00 pm;	(781) 372-0104
	Sat and Sun 8:00 am – 4:30 pm	
Geriatric Social Worker:	Monday-Friday by appointment	(781) 372-0282
Marissa Gadacy		
Podiatrist: Dr. Boudreau	Thursday, August 8, 2024	1:00 pm - 5:00 pm
Podiatrist: Dr. Kaplan	Tuesday, August 27, 2024	1:00 pm - 4:00 pm
Audiologist: Dr. Marple	Thursday, August 15, 2024	1:00 pm - 3:00 pm
Ophthalmologist: Dr. Umlas	Tuesday, August 13, 2024	1:00 pm - 4:00 pm
	Spa at 1010	
Esthetician/Manicurist:	Mon/Wed/Fri by appointment	(978) 239-4398
Yvonne Sadoway		
Massage Therapist: Kori Vitiello	Tues/Wed/Fri by appointment	(617) 803-1860
	Salon at 1010	
Call for Hair Appointments	Tuesday - Friday	(781)-372-0264
*** <i>B</i>	Prookhaven Country Store***	
	Monday - Friday	10:30 am – 2:00 pm
	Saturday	10:30 am – noon

Brookhaven Monarch Butterflies! Community Living has found monarch caterpillars and eggs on the milkweeds at Brookhaven. They will be on **display outside** of the **Large Meeting Room**. Stop by and watch the tiny caterpillars turn into beautiful monarch butterflies.

Added to the Calendar: Outdoor Blues Concert with Lil' Stevie and the Westsiders on Tuesday, July 30 at 2:00 pm at the Door 10 Courtyard.

There's still room to sign up for trips! Join us on the FinestKind Lobster Boat Ride or explore Perkins Cove and lunch at Barnacle Billy's, Ogunquit on Monday, July 29 at 10:00 am; Dining Around the World trip to Oliviera's Brazilian Steakhouse, Somerville on Tuesday, July 30 at 11:30 am and Let's Get Ice Cream trip to Cal's Creamery in Reading on Thursday, August 1 at 1:00 pm.

- Monday, July 29 Trip: FinestKind Lobster Boat Ride and lunch at Barnacle Billy's, Ogunquit, 10:00 am
 - CL Flick: Moonstruck (1988), 7:30 pm, LMR
- Tuesday, July 30 Dining Around the World Trip: Oliveira's Brazilian Steakhouse, 11:30 am
 - ADDED TO CALENDAR: Outdoor Blues Concert: Lil' Stevie and the Westsiders, 2:00 pm, Door 10 Courtyard
 - Concert: Winsor Music, 7:30 pm, PH and Streaming
- Wednesday, July 31 Encore CL Flick: Moonstruck (1988), 2:00 pm, PH
- Thursday, August 1 Let's Get Ice Cream Trip: Cal's Creamery, Reading, 1:00 pm
 - Illusionist Lyn Dillies, 7:30 pm, PH and Streaming



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- <u>Friday, August 2</u> Diversity Interest Group TV Series: *Eyes on the Prize* (1987), Season 2, Ep. 4, 2:00 pm, PH
 - Eyes on the Prize discussion group, 3:10 pm, SMR
 - Concert: Manchester Music Festival's Young Artists, 7:30 pm, PH and Streaming
- Saturday, August 3 Duplicate Bridge, 1:00 pm, LMR

Sunday, August 4 • CL Flick: The Greatest Night in Pop (2024), 3:00 pm, LMR

<u>Spa @ 1010:</u>

Yvonne Sadoway, Esthetician, is away Monday, July 29 through Friday, August 2. Please contact Yvonne for an appointment when she returns on Monday, August 5.

Kori Vitiello, Massage Therapist, is away Monday, July 29 through Monday, August 12. Please contact Kori for an appointment when she returns on Tuesday, August 13.

Fitness:

Congratulations to Sara Arnold, Bob Gulick, Linda Cohen, Norm Cohen, and Connee Counts for winning Trivia in July! Next Trivia Night is Wednesday, August 14 in the Large Meeting Room.

Total Body Fitness Levels 2 & 3 will be combined into one class on Wednesday, July 31 at 11:00 am to 11:45 am. Total Body Fitness 2 at 8:50 am to 9:50 am is cancelled.

Aqua Fitness Thursday, August 1 is CANCELLED.

Better Balance class Thursday, August 1 at 1:30 pm to 2:15 pm is CANCELLED. Please plan to attend the class at 10:00 am on this day.

Pool / Jacuzzi Schedule

Monday, July 29: 8:00 am - 11:00 am; 1:00 pm - 2:00 pm **Tuesday, July 30:** 8:00 am - 10:00 am; 1:00 pm - 2:00 pm **Wednesday, July 31:** 8:00 am to 10:00 am; 12:30 pm - 3:30 pm **Thursday, August 1:** 8:00 am - 10:00 am; 1:00 pm - 2:00 pm

Friday, August 2: 8:00 am - 10:00 am; 12:30 pm - 3:30 pm

Last week's Brain Teaser! Which three-letter word suffixes the first set of three-letter words and prefixes the second set of three-letter words. BEE _ _ NOD COP _ _ SON HAM _ USE Answer: PER

This week's Brain Teaser! Listed below are the names of orchestral instruments. Their names have been coded using the same cipher for each instrument. Can you identify the instruments and then write "Clarinet" in code using the same cipher?

IWMGDX XNWG

YPNUJ IUQBM

DNW JGCUJPL

YPNUPG

