

BROOKHAVEN AT LEXINGTON

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Brookhaven at Lexington COVID 19 Update 8 – April 10, 2020

To the Brookhaven Community:

Administration would like to take this opportunity to thank all Residents and staff for the sacrifices you are making during this difficult time. We have been strongly encouraging everyone to follow social distancing guidelines put out by the CDC, to stay at least 6 feet away from others, have no visitors, wash hands frequently and to wear a mask in public. We have also strongly suggested that each Resident remain on the property and within your unit as much as possible.

As we announced yesterday, we have our first case of the virus in the independent apartments. As with any illness, our clinical team led by the Nurse Practitioner, consults with the individual resident and their primary care physician. Decisions on care are based on each individual's circumstances and on what is best for the resident. The care setting needed is also based upon the resident's circumstances and symptoms. The primary care physician will recommend the resident be hospitalized or remain quarantined at home. Our Nurse Practitioner will conduct contact tracing. Only residents who have had known close contact with a resident with COVID-19 will be informed. We will advise these residents to self-isolate and take their temperatures twice daily. Due to HIPAA regulations the name of the ill resident will not be shared.

This is a very fluid situation; guidelines change daily, sometimes several times a day. For that reason even the most current plan may have to be modified depending on the actual circumstances. **Current guidelines for testing stipulate that only those with symptoms will be tested.**

Effective Monday, April 13, please see additional changes to operations to further support and enhance social distancing:



Housekeeping Services are temporarily curtailed. There will be no apartment cleaning including linen service for the next several weeks. You should continue to take your apartment waste to the Trash Room on your floor.

Housekeepers will continue to clean common areas and bathroom, trash rooms, elevators and disinfect high touch surfaces frequently.

The Country Store is converting to delivery only. Please see the attached ***Grocery Delivery Request Form***. Please use this form to call and place an order – **781.372.0242**. Orders will be taken Monday through Friday between 10:00 am and noon only. Only the items on the list can be ordered. Staff will confirm an approximate delivery time with the resident. Deliveries will be left outside the resident's unit. Please call Laura Anderson with any questions.

The Resident Cubby Room is closed. All memos from Administration will be delivered to your apartment.

US Mail

Residents are encouraged pickup their less frequently. No more than two times a week is recommended.

Coffee Services in Café and Wellesley will be discontinued for the next several weeks. Coffee and tea, to make in your apartment, is available on the ***Grocery Delivery Request Form*** for the Country Store.

Mask Hotline

Brookhaven has a limited number of surgical masks to distribute to residents who do not have a mask. Please call the Mask Hotline at 781-372-0212 to make a request. When leaving a message please include your name and apartment #. Staff will deliver the mask to your unit within 48 hours.

A handwritten signature in black ink, appearing to read "J. M. Freese", with a long horizontal stroke extending to the right.