

# **BROOKHAVEN**

## **AT LEXINGTON**

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### **Brookhaven at Lexington** **COVID-19 Update 11 – April 20, 2020**

#### **FREQUENTLY ASKED QUESTIONS**

Massachusetts Governor Charlie Baker stated that Massachusetts will see a Surge of COVID-19 cases this week. Brookhaven Residents should continue to focus on “Social Distancing,” staying at home as much as possible and when you do venture out, wear a face covering and keep at least 6 feet from others. Residents should continue to focus on washing their hands with soap and warm water for at least 20 seconds. Hand washing should be done as much as possible especially after touching surfaces.

The number of cases of COVID-19 at Brookhaven remains low and we all want to keep it that way. A big “Thank You” goes out to the entire Brookhaven Community.

We have been making a lot of changes to services over the past month. Below are the current guidelines in a Frequently Asked Questions format. We will need to keep these guidelines in place until the Governor recommends that they can be relaxed.

#### **Is Brookhaven allowing Visitors?**

No. In accordance with CDC and CMS Guidance and in order to protect all Residents, Visitors are not allowed into any building at Brookhaven. We encourage all Residents to use phones or video services such as Zoom or FaceTime to stay in touch with families and friends.

#### **Are the common area rooms open?**

During the next few weeks we have encouraged Residents to stay at home as much as possible. While the Common Corridors are open we are asking Residents to come down for their U.S. Mail once or twice a week instead of daily. The Cubby Room is closed and Staff is delivering “cubby stuffers.”

#### **What is happening with Dining?**

Dining has transitioned to delivering the evening meal. Our dedicated Dining Staff is able to deliver the meals by cluster ensuring that they arrive at the appropriate temperature.

#### **Are Staff Screened?**

Yes, since early March Brookhaven has been encouraging Staff to stay home if they are ill, and each Staff Member and all contract service personnel are having their temperatures taken daily, and are screened with health and travel related questions. All Staff are wearing masks.



## **Are Residents and Staff being tested for COVID-19?**

Currently all Nursing Homes in Massachusetts have been encouraged to take advantage of facility wide screening of Staff and Residents. Gardenview is currently conducting testing for all Residents and Staff. We will also have enough testing kits to test our other Healthcare Staff. We are working with our local and national provider association to push for more testing. Currently asymptomatic individuals are not being recommended for testing at this time.

## **How do I get my groceries?**

Community Living has put out information on Groceries from the Country Store and where families and others can drop off food. Now is the time to avoid going out to grocery stores. We recommend throwing away any grocery bags and washing your hands after handling any packages.

**How do I get my Prescriptions?** CVS and Walgreens will do mail order prescriptions, Osco will deliver.

**How do I get my newspaper?** Newspapers have been moved to the clusters.

**How do I dispose of my trash?** Unless you are under quarantine, you should feel free to dispose of your trash in the Trash Room on your floor. Again, use social distancing and avoid crowding the rooms. Wash your hands after.

**Can I walk outside?** Yes, as long as you are not under a quarantine. Please observe the recommended 6 foot distance if you are walking with another person. The grounds are truly beautiful and we now have the paths around Wellesley to explore. *Also, ticks are present and active so if you do decide to go off path, use the OFF spray at the trailheads.*

**Do I need to run my vehicle to keep the battery charged?** Right now we are suggesting that you stay on campus, so you could drive on campus, just be careful of others who are out walking.

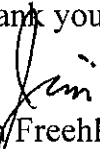
## **If I contract the Virus, will Brookhaven share my name?**

You can feel comfortable that Brookhaven will always follow HIPAA Regulations regarding privacy. We take your privacy seriously and we will not share that information. We will do Contact Tracing and ask you to share who you had contact with and we will notify those Residents to monitor their temperatures.

## **What happens if I am asked to quarantine?**

Resident Health will work with you to assist you with any needs that you have while you are in quarantine. Linda Robillard, NP asks that if you have a medical procedure scheduled outside the building to please contact her with the details.

Thank you for your cooperation as we continue to fight this pandemic.

  
Jim Freehling  
President/CEO