

BROOKHAVEN AT LEXINGTON

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COVID-19 Update 13 - April 29, 2020

Massachusetts Governor, Charlie Baker, announced the extensions of the state's stay-at-home advisory and nonessential business closures to May 18th.

In this edition of the COVID-19 update, we wanted to respond to residents who have been requesting more information regarding Contact Tracing and Self-Quarantining. We also want to continue to share data regarding cases of COVID-19 at Brookhaven while still protecting your privacy. Obviously Residents have the right to share what they want about their medical conditions with their fellow residents. They also have the right to limit what if anything they share about their medical condition with other residents. Brookhaven will continue to provide the necessary information to keep residents safe and aware of the current situation at Brookhaven.

Will you protect my private medical information if I contract this virus during this pandemic? All medical settings are still obligated to protect your medical information. Brookhaven will make every effort to remain transparent while still protecting the privacy of all residents. As of today, Brookhaven is pleased to say that we continue to have a low number of cases. Thanks to all of the efforts of Residents and Staff for practicing Social Distancing we can report that as of today we have 5 active cases of the virus.

How can I stay safe at Brookhaven? We will continue to suggest that residents practice social distancing and stay 6 feet away from everyone that they don't live with. We continue to ask Residents to follow the guidance put out by the CDC. Stay at home and on campus, wash your hands, wear a mask if you go out of you apartment. We continue to encourage residents to walk outside on the paths as much as possible. If you do go walking with another resident, practice social distancing and stay 6 feet apart.

What should I do if I have COVID-19 symptoms? Linda Robillard is our Nurse Practitioner with over 30 years of experience. Linda is in touch with any Resident who may be having symptoms of COVID-19 or who have been diagnosed with the virus. Linda discusses their current medical situation and will assist the resident in communicating with their Primary Care Physician.



Depending on the individual circumstances, and if the resident is able to stay in their unit, Linda will ask them to Self-Quarantine until the issue is resolved. Linda will then begin to conduct an inquiry as to who the resident has had recent contact with. Linda will ask this same question over the next few days as residents tend to recollect other contacts. Linda then calls each of the named contacts and asks them to Self-Quarantine for two weeks and to monitor their temperatures. This helps us to stop the potential spread of the virus.

When will I be asked to Self-Quarantine? Additionally, any resident returning from a visit to a medical appointment outside of Brookhaven, or anyone returning from an overnight away from Brookhaven are asked to Self-Quarantine for 2 weeks and to monitor their temperatures. Brookhaven will assist the resident in coordinating deliveries and other needs.

What should I do if I get contacted by the Media? Brookhaven has a Media Relations Policy. All inquiries from the media should be sent to Sue Kirkpatrick, EVP.

In each update Senior Management would like to highlight Staff and Residents efforts during this time. Thank you to the following Residents for their efforts:

Absentee Ballot Distribution: Residents who made sure absentee ballots were distributed to each Resident door: Pam Miller and Agnes Burke

Plant Care: Residents who are caring for the plants inside the building while our plant vendor cannot come in: Linda French, and Bernice Manning

Library Access: Allowing Residents to borrow books without returning them until later: Judy Johnson and Judie Muggia

Mask Makers: Making masks supplied to Residents and local hospitals: Nancy Howard, Carol Siegel, Nancy Mimno, Linda French, Nancy Brown, Bonnie Cohen, Ann Hruby, Bernice Manning

Tech Support – Providing technical support to fellow Residents on Zoom and facilitating group meetings online: John Howard

Telephone Tree: Residents calling to check-in on other Residents: Judy Singer, Agnes Burke, Robin Gittleman, Judy Clapp, Marty Leape, Kitty Selfridge, John McCahan, Harriet Kaufman, Nancy Howard, Nancy Brown, Abby Pratt

