

# BROOKHAVEN AT LEXINGTON

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## Brookhaven at Lexington

### COVID 19 Update 6 – March 31, 2020

Currently there are no cases of COVID-19 at Brookhaven at Lexington. There have been cases in Lexington and in other Senior Living Communities across the state. Citizens over 70 years of age are the most at risk.

In order to reduce the spread of this virus at Brookhaven we are implementing further Social Distancing Measures.

#### From April 1<sup>st</sup> to May 1<sup>st</sup>:

- We will continue to restrict all visitors to the Campus.
- We continue to make the strongest recommendation possible that Residents refrain from leaving the campus.
- All programs and activities have been placed on hold during this period.
- The following rooms will be closed:
  - Art Studio
  - Club Room
  - Auditorium
  - Fitness and Aerobics Room
- Dining Services will continue as scheduled. Please adhere to the schedule for your cluster to avoid large groups gathering.
- Coffee service will continue as take-out only. The Café will be closed for seating until dinner.
- The Country Store will be open 7 days a week from 10am-2pm. Please avoid crowding the waiting area and plan on coming well after the 10am opening time.
- Residents returning from medical or hospital/ER visits will be required to quarantine in their unit for two weeks.

Walking alone is highly encouraged. If you walk with another Resident try to keep your 6 foot distance. The grounds are coming alive and we encourage that you stay on the paths as ticks are also present in wooded areas.

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Please continue to wash your hands with soap and water for at least 20 seconds.

Please continue to practice Social Distancing and try to keep 6 feet away from others.

Please feel free to invite a fellow Resident to your apartment for a meal or to watch a movie, just try to practice Social Distancing.

Our Resident Health Staff including our social workers and our clinical psychologist are available to talk with anyone. Please feel free to call Resident Health at (781) 372-0259.

If you have any concerns or questions regarding these policies, please feel free to call Jim Freehling, President/CEO, at (781) 372-0290. Thanks once again for keeping yourself and our entire community safe.

We hope these efforts will keep us all safe.

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